# Peak View BEHAVIORAL HEALTH

## **Patient & Visitor Information**

## **Visitation Information & Schedule**

Visitors must be 18 years or older, and present a valid ID.

Visitors may not switch out during visitation. Patients have the right to refuse visitation or end visitation early. Please arrive 10-15 minutes prior to visitation to allow for the check-in process and to secure your belongings. Visitation ends promptly at 4 pm, no exceptions.

Patients may have TWO visitors.

## Please contact the facility to confirm the unit of your loved one. Visitation is from 1-2 PM.

· Monday: Unit 200

• Tuesday: Unit 100 (adolescents)

Wednesday: Unit 300Thursday: Units 600 & 700Friday: Units 400 & 500

• Saturday: Unit 100 (adolescents)

## **Approved Items and Inventory**

#### Items we provide:

- Blankets, pillows, sheets, towels and washcloths
- Deodorant
- Lotion
- Shampoo/Conditioner
- Toothpaste and toothbrushes
- · Hairbrushes and combs
- Lip Balm
- Ear Plugs

## **Belongings & Valuables**

To maintain the safety of our patients, their belongings, and our staff, the following guidelines for patient property have been enacted:

### For safety reasons, we ask that you only have with you:

- Two to three changes of clothes (laundry machines are available for patients)
- Two toiletry items only. We will supply most toiletry items.
- Cigarettes, if you smoke (cigarettes to be maintained behind the nurses' station and passed out during patio times)

Peak View is not responsible for any lost or missing items on the unit. We ask you to send restricted items and valuables home, including money, jewelry, purses or wallets.

#### If you are unable to send valuables home:

- We will lock your valuables in the facility safe.
- Restricted items will be kept in patient storage include such items as glass and sharp objects and anything the staff deems to be potentially dangerous. Patients will not have access to these items until after discharge.

#### **Unit Dress Code**

- · Patients are to wear their own clothes.
- No halter tops, tank tops, shirts revealing your midriff, and no hats.
- · Slogan shirts will be monitored for appropriateness.
- · No bare feet or chests in public areas.
- Clothing is to be changed in the patient bathroom.
- Staff may request you change clothes if the attire is not appropriate.

## **Restricted Items**

The following is a list of restricted items. Restricted items include but are not limited to:

- Belts / Robe Ties / Draw Strings in clothes/ Hats
- Medications, Drug Paraphernalia, or Illegal Substances
- Jewelry of any kind including watches
- Aerosol Spray Cans
- Bottles or Containers of any kind. Toiletries will be supplied by our facility. We ask patients to go without their preferred "Name Brand" items for a brief time.
- Hygiene Products containing alcohol
- · Hairdryers or Curling Irons
- Headsets / Radios / Walkman's / CD Players / TV's / PDA's / Cell Phones
- Lap Top or Hand Held Computers
- Purses, Handbags
- Metal Eating Utensils or Plastic Knives
- · Wire bound notebooks or books
- Clothes hangers
- Lighters/Matches Unit wall lighters available on the patios
- Food and Beverages from outside sources
- Pens / Full Length Pencils (with or without metal eraser holder) or Colored Pencils / Markers – we are able to provide golf sized pencils.
- Inappropriate Clothing: Alcohol Logos, Inappropriate Words, Pictures Depicting Death (Skulls) or Sexual Innuendo; revealing clothing of any type. Use your best judgment.