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Attention Media Partners

Peak View Behavioral Health inpatient and outpatient services expansion

Specialty inpatient unit serving children and adolescents 9-17 years of age—OPENING SEPTEMBER 2016

New Outpatient building to allow for specialty preventive outpatient programs—COMING FALL 2016

7353 Sisters Grove, Colorado Springs, Colorado 80923

Colorado Springs—Peak View Behavioral Health is excited to announce they will be opening their new 20-bed, acute psychiatric unit to soon serve children and adolescents ages 9-17 this September 2016. Following the opening of the new unit, Peak View will be opening their new outpatient building which is located on the same campus which will allow space and the opportunity to offer the community an array of new preventive day programs.

The new 61,000 square foot hospital will have 112 beds and will offer several program options to serve the behavioral health needs of individuals throughout and beyond the Front Range.

“When Peak View first opened, we had promised the community that we would offer services that were in need, so this expansion will now allow us to offer help to our youth starting at the age of 9. We also said that we believe in offering preventative services so our new outpatient building will allow us the space to develop new programs that are so desperately needed. Peak View is committed to serving our Colorado communities and working collaboratively to help people achieve wellness,” said Dan Zarecky, CEO of Peak View.

For more information about the opening, hospital and job opportunities, please visit www.peakviewbh.com or contact Ty Meredith, Director of Business Development, at taline.meredith@strategicbh.com or 719-216-6232.

PEAK VIEW BEHAVIORAL HEALTH—FAQs, FACTS, RESOURCES

Peak View Behavioral Health is opening a new 20-bed psychiatric unit September 2016. The center is located at 7353 Sisters Grove in Colorado Springs, Colorado 80923. The staff is committed to doing “whatever it takes” to meet the needs of individuals and families coping with behavioral health issues. Offering both inpatient and outpatient care to children, adolescents, adults and seniors. PVBH employs a multi-disciplinary team of specialists including psychiatrists, medical physicians, nurse practitioners, psychologists, therapists, nurses and mental health technicians. PVBH is committed to ensuring every patient has the opportunity for a successful outcome and a smooth transition. Strategic Behavioral Health, PVBH’s parent company, is dedicated to community engagement, quality treatment and exceeding patient expectations. SBH is headquartered in Memphis, Tennessee.

FAQs

How is Peak View filling a need? At any given time in the Colorado Springs community and around the state of Colorado, adults and children of all ages find themselves in a crisis situation where they require immediate behavioral health help. Unfortunately there are a limited number of inpatient psychiatric beds which results in a delay in accessing this necessary care. Peak View looks forward to filling this critical need.

How large is the need? According to the National Institute of Mental Health, about one in four adults over the age of 18 suffer from a diagnosable mental health challenge each year in the United States. In addition, according to the National Alliance for Mental Illness, one in five youth suffers with a serious emotional or mental health disorder.

What is the age range you serve? Peak View will be serving individuals ages 9 and up.

Why should someone contact Peak View? Behavioral health challenges can affect safety, independence, relationships and overall well-being. If you or someone you know may benefit from our help, contact us today for a free assessment.

What would be a reason a person would seek help? People can contact Peak View for many reasons—including both crisis and non-crisis situations. Reasons for seeking help may include but are not limited to—feelings of anxiety or sadness, relationship concerns, paranoia, dementia with behavioral disturbances, an onset of hallucinations or delusions and suicidal thoughts.

How does someone access Peak View’s services? Call the hospital at 719-444-8484. In-person free assessments and admissions will be available 24/7 with or without an appointment. Each person’s needs are reviewed by our clinical team to determine if placement is appropriate in any of our programs.

What should a person expect once enrolled into a program? Respect, integrity, dignity and confidentiality are essential in helping our patients meet their treatment goals. Each patient will be assigned a therapist and a physician to monitor their care on a daily basis. The length of treatment depends on the individual needs of each patient. Family involvement is strongly encouraged with Peak View’s support. Upon time for discharge, the treatment team will guide the after-care process, including providing follow-up appointments and making contacts with community resources.

What kinds of programs does Peak View offer and how are they different? Our new hospital expansion will offer a child and adolescent inpatient program, partial hospitalization program (PHP) and intensive outpatient program (IOP). Inpatient addresses those in an immediate crisis and requires staying overnight in the facility. PHP can be utilized as a lower level of care upon discharge from inpatient or as a direct admission from the community. PHP is often referred to as “Day Treatment” and encompasses a full day of outpatient programming and routine medication management. IOP is our lowest level of care and includes a half-day of programming. Each person’s needs are reviewed by our clinical team to determine appropriate placement.

Who can refer someone to Peak View’s services? Family members, friends, schools, physicians, medical providers, mental health professionals, hospitals, case managers, community organizations and individuals seeking help for themselves.
Which insurances does Peak View accept? Medicare, Medicaid, Tricare and most commercial insurances are accepted. To learn more please call 719-444-8484.

FACTS

- PVBH has been treating patients since 2008 in Colorado Springs
- PVBH will only be 1 of 6 hospitals in the state of Colorado treating children under the age of 12
- 1 in 5 children ages 13-18 have or will have a serious mental health condition
- PVBH is the only psychiatric hospital with a specific focus on treating the specialized needs of older adults in Colorado Springs
- New hospital expansion facts: 8,000 square foot new outpatient building, 61,000 square feet total for hospital, 112 beds, eight units, three courtyards, four classrooms, on-site pharmacy for hospital team
- New hospital investment nearly $5 million
- PVBH team includes: Psychiatrists, medical physicians, pharmacists, nurse practitioners, registered nurses, psychologists, licensed therapists, registered nurses, mental health technicians
- Leadership at PVBH: Dan Zarecky, CEO; and Dr. Julie, Sanford, MD; Medical Director
- Patients can access any program directly without requiring an inpatient stay
- ECT (electroconvulsive therapy) services are also available

RESOURCES

The Centers for Disease Control: [http://www.cdc.gov/mentalhealth/](http://www.cdc.gov/mentalhealth/)
NAMI (National Alliance on Mental Illness): [www.nami.org](http://www.nami.org)
Depression and Bipolar Support Alliance: [www.dbsalliance.org](http://www.dbsalliance.org)
DBSA, Colorado Springs, Chapter: [http://www.dbsacoloradosprings.org/#resource_center.html](http://www.dbsacoloradosprings.org/#resource_center.html)
Pikes Peak Suicide Prevention: [http://www.pikespeaksuicideprevention.org/home.html](http://www.pikespeaksuicideprevention.org/home.html)

For additional questions or requests, please contact PVBH’s Director of Business Development 719-216-6232 or taline.meredith@strategicbh.com. Information can also be found at [www.peakviewbh.com](http://www.peakviewbh.com).