



PEAK VIEW
BEHAVIORAL HEALTH

7353 Sisters Grove
Colorado Springs, CO 80923
Hospital phone: 719-444-8484
Fax 719-355-1059
www.peakviewbh.com

ADULT OUTPATIENT PROGRAMS

The Outpatient Programs (both Partial Hospitalization and Intensive Outpatient Program) address the needs of adults with general challenges including anxiety, depression, bipolar disorder and psychiatric disorders. Outpatient is designed for individuals who would benefit from a structured day program to assist with the development of more adaptive coping skills. Peak View is licensed by the State of Colorado and is Joint Commissioned Accredited. Peak View accepts most major insurances including Tricare, Medicare, Medicaid and most commercial insurances.

GENERAL CRITERIA

18+ years or older, male and female
Tricare, Medicare, Medicaid and commercial insurances

REFERRAL SYMPTOMS

Grief and Loss
Nervousness/Anxiety
Isolation/withdrawal
Lack of interest in activities
Change in mood (acute hospitalization not required)
Failure of lower level of care
Noncompliance with prescribed meds
Potential for relapse (previous diagnosis)

SERVICES PROVIDED

Group, individual and family sessions
Medication Management (Partial Hospitalization only)
Personal evaluation
Psycho-Educational Program
Licensed staff members
Leisure time activities
Lunch

DEVELOPMENT GOALS

Coping skills
Emotional management
Community relationships
Personal support systems
Medication awareness
Relapse prevention

LENGTH OF PROGRAM

Varies from 2-6 weeks, 5x/week, 4-7 hours/day
Evening IOP M-Th 5:30-8:30 PM
Transportation options available—case by case

Next step: Please call Peak View at 719.444.8484 or visit www.peakviewbh.com. All referrals for outpatient will be evaluated and assessed. Thank you!