



**PEAK VIEW**  
BEHAVIORAL HEALTH

**7353 Sisters Grove**  
**Colorado Springs, CO 80923**  
**Phone: 719-444-8484**  
**Fax 719-355-1059**  
**[www.peakviewbh.com](http://www.peakviewbh.com)**

## **Veterans Community Outpatient Group Program**

**Outpatient Services are designed for individuals who would benefit from a structured day program to assist with the development of more adaptive life skills training. Peak View accepts most major insurances including VA Choice, Blue Cross/Blue Shield, Tricare, Medicare, Medicaid and most commercial insurances and self-pay rates are also available.**

### **General Criteria**

Any adult who is a military veteran, VA Choice accepted

### **Referral Symptoms**

Change in mood  
Life transitions  
Relationship issues  
Anger/ Addiction management  
Anxiety/ Depression  
Ineffective coping  
Post-Traumatic Stress Disorder

### **Services Provided**

Cognitive Behavioral Therapy and other evidenced-based practices utilized  
Daily group treatment program  
Personal Psychosocial Evaluation  
Medication management  
Family reintegration  
Licensed and master's level Clinicians  
Veteran Primary staff  
Snacks/ smoke breaks  
Continuity/ Establishment of Care  
Family meetings

### **Development Goals**

Healthy Coping Skills  
Daily Life Skills  
Increased Emotional Management  
Relapse Prevention  
Enhancing Supports  
Family Engagement

### **Length of Programming**

15 day program, 5x/ week, 5 hours a day  
1230-1730  
Family meetings optional upon request

**Next step: Please call Peak View at 719-444-8484 to schedule an assessment.**

**Thank you!!!**

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