



PEAK VIEW
BEHAVIORAL HEALTH

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Colorado Springs, CO 80923
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Youth Partial Hospitalization/Intensive Outpatient Programs

Our Youth Outpatient programs address the needs of youth with general challenges including anxiety, depression, bipolar disorder and psychiatric disorders. Our program is designed for individuals who would benefit from a structured day program to assist with the development of more adaptive coping skills. Peak View is licensed by the State of Colorado and is Joint Commissioned Accredited.

GENERAL CRITERIA

9-17 years old, male and female
Tricare, Medicaid and commercial insurances

REFERRAL SYMPTOMS

Grief and Loss
Nervousness/Anxiety
Isolation/withdrawal
Lack of interest in activities
Change in mood (acute hospitalization not required)
Failure of lower level of care
Noncompliance with prescribed meds
Potential for relapse (previous diagnosis)

SERVICES PROVIDED

Group, individual and family sessions
Medication Management
Personal evaluation
Psycho-Educational Program
Licensed staff members
Learning center on site
Leisure time activities
Lunch

DEVELOPMENT GOALS

Coping skills
Emotional management
Community relationships
Personal support systems
Medication awareness
Relapse prevention

LENGTH OF PROGRAM

About two weeks, full day program or half-day IOP and evening options

Next step: Please contact Peak View or visit www.peakviewbh.com. All referrals for outpatient will be evaluated and assessed. Thank you!