



PEAK VIEW
BEHAVIORAL HEALTH

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Colorado Springs, CO 80923
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Adolescent Intensive Outpatient Program (IOP)

The IOP program for adolescents addresses the needs associated with general challenges including anxiety, depression, bipolar disorder psychiatric and co-occurring disorders. IOP is designed for individuals who would benefit from a structured day program to assist with the development of more adaptive coping skills. Peak View is licensed by the State of Colorado and is Joint Commissioned Accredited. Peak View accepts most major insurances to include Tricare.

GENERAL CRITERIA

12-17 years old, male and female

REFERRAL SYMPTOMS

Grief and Loss
Nervousness/Anxiety
Isolation/withdrawal
Lack of interest in activities
Change in mood
Failure of lower level of care
Noncompliance with prescribed meds
Potential for relapse (previous diagnosis)

SERVICES PROVIDED

Group therapy
Family sessions
Medication Management
Personal evaluation
Psycho-Educational Program
Licensed staff members
Snacks Provided

DEVELOPMENT GOALS

Coping skills
Emotional management
Community relationships
Personal support systems
Medication awareness
Relapse prevention

LENGTH OF PROGRAM

Approximately 2-4 weeks, 2:00pm-6:00pm, Monday, Wednesday and Thursday

Next step: Please contact Peak View or visit us at www.peakviewbh.com. All referrals for outpatient will be evaluated and assessed. Thank you!